

## AROMATHERAPY FOR FACIAL REJUVENATION CERTIFICATION WORKSHOP – NOVEMBER 22<sup>nd</sup> – 24<sup>th</sup>, 2013

November 22<sup>nd</sup>, 2013 Friday 6:00 -10:00 Hydrosols for Facial Rejuvenation  
November 23, 2013 Saturday 10:00 - 6:00 Essential Oils for Facial Rejuvenation  
November 24<sup>th</sup>, 2013 Sunday 10:00 - 6:00 Essential Oils for Facial Rejuvenation  
continued

\$45 materials fee to be paid to the instructor on the first night of class.

This fascinating in depth course will provide training in how to apply aromatherapy specifically for the purpose of facial rejuvenation. With thirty five years of clinical experience using essential oils and knowledge of Oriental Medicine, Ms. Doran has created a highly effective and innovative approach for working with aromatherapy. She will teach the esthetic uses of individual essential oils, carrier oils and for hydrosols, an exciting new branch of aromatherapy that is extraordinarily useful in treating and caring for the skin. Some other dermatological applications will also be discussed. Highly effective formulas will also be revealed for specific conditions such as dry skin, combination skin, oily skin and acne, sensitive skin, puffiness, sagging skin, age spots, scars and wrinkles. Additionally, using essential oils on distal acupuncture points as a root treatment will also be introduced for some conditions and skin types. This root and branch style of aromatherapeutic treatment provides a more dramatic and lasting effect than either approach used separately. With this highly effective approach to Facial Rejuvenation, one can simultaneously benefit a person's appearance and overall health.

With extensive handouts, the course begins with general information on the subject that anyone practicing aromatherapy should know. This includes: the history of aromatherapy, how it works scientifically on the body and the psyche, the importance of natural versus synthetic products, how to identify and locate high quality products, ways to use aromatherapy, proper methods of handling and storage, ethical issues, cautions and contraindications, guidelines for making aromatherapy blends, and recommended books and sources for top quality oils, hydrosols, and ready-made aromatherapy products for facial rejuvenation.

Detailed information for usage will be given for over fifty essential oils, twenty-five carrier oils, and thirty hydrosols will be discussed. Participants will create both a custom essential oil and hydrosol blend to take home. A take home exam is to be completed before receiving a certificate.

*PLEASE NOTE: This workshop is geared towards holistic health practitioners though non-professionals may attend. No prior knowledge of aromatherapy is necessary. This is not the same aromatherapy certification workshop as the Part 2 of the Luminous Beauty certification program for acupuncturists.*