Facial Rejuvenation with Acupuncture 2 Day Certification Workshop September 24th & 25th, 2013

*Learn how to make your patients look and feel their best

*BOOST your practice * Earn Continuing Education credits

*Save your patients from unnecessary procedures and risks

With this highly effective method of Facial Rejuvenation, one can simultaneously benefit a person's appearance and overall health. In this course, you will learn: how to customize facial rejuvenation treatments based on Chinese and Japanese acupuncture how to assess which meridians are involved in the various ways that individuals physically manifest the aging process point selection and needle technique for conditions such as acne, dry skin, age spots, sagging skin, wrinkles, scars, double chins, as well as bags and dark circles under the eyes.

Tuesday September 24th, 2013 (Times approximate!)

9:00-11:00 (Didactic)

Introduction to Facial Rejuvenation Acupuncture (FRA), History of Cosmetic Acupuncture and Philosophy of FRA. Benefits of FRA, Contraindications to treatment.

11:00-11:10 am Break

11:10- 1:00 (Didactic) Supplies needed for FRA, Sources for Supplies, and Guidelines for administering Facial Rejuvenation Acupuncture, Questions and Answers

1:00-2:00 Lunch

2:00- 3:30 – Didactic continued: Points For Specific Conditions (Eye bags, sagging and jowls, drooping eyelids, Lip area wrinkles, double chin, pallor, facial puffiness including eyelids, facial redness, dry skin, enlarged pores, acne, eyebrow sparseness and age spots), Other Important Points for FRA, Distal and Auricular Points for FRA, Virginia Doran's Facial Rejuvenation Acupuncture Treatment Protocol including Needle technique for specific conditions such as wrinkles, sagging and jowls, broken capillaries, scars, age spots, acne scars, cystic acne, protruding temporal veins, double chin, cheekbone sculpting

L. Question and Answers

3:30-6:00 Observation/ Grand Rounds:

Facial Rejuvenation Acupuncture Treatment Demonstration

Wednesday September 25th, 2013- (Times approximate)

9:00 am- 10:00 am Questions and Answers and written exam on FRA-(25 questions multiple choice)

10:00-12:00: Clinical (with supervision)

12:00-1:00: Lunch

1:00 -3:00: Clinical (with supervision)

Practical Exam:

3:00-5:30 Participants team up with a colleague to administer a FRA treatment to a volunteer 5:00-6:00 Wrap up: Questions, Evaluation forms and certificates distributed to participants

Please bring: nail clippers and emery board. *Nails must be filed very short for the clinical component.* Acupuncture needle supplies will be provided.

NOTE: Please wear loose clothing as you will be expected to give and receive a full body acupuncture treatment on the second day or if you are chosen for demonstration on the first day. Certification in Facial Rejuvenation Acupuncture from Ms. Doran is optional and may be granted to students who pass both a written and practical examination.

ABOUT THE INSTRUCTOR: Most teachers on this subject studied with Virginia Doran originally though she has not authorized anyone to teach her material. As an experienced international teacher and practitioner of Facial Rejuvenation Acupuncture, Virginia Doran is a recognized expert in the field and had the great honor to be the first Westerner to teach acupuncture in Japan. Ms. Doran has been a teacher and lecturer in the field of holistic health since 1980 on the subjects of massage therapy, acupuncture, aromatherapy, flower essences, Chinese and Western herbs, nutrition and supplements. She graduated the Tri-State College for Traditional Chinese Acupuncture in 1995 as well as their postgraduate course in Chinese Herbology in 1999. Ms. Doran is nationally certified (NCCAOM) in acupuncture and Chinese Herbology. She graduated from the Swedish Institute of Massage and Allied Health Sciences in 1978 where she has since taught post graduate courses and has been a licensed massage therapist practicing since 1979. Ms. Doran has been sought out by major television networks to demonstrate acupuncture facial rejuvenation. Ms. Doran has also been featured in and been a consultant to many magazines and newspapers on acupuncture for facial rejuvenation and dermatological conditions. To share with others the benefits of the publicity, Virginia created a referral service on her website for her students. She is currently writing two books on facial rejuvenation, one for practitioners and one for the public. Her instructional DVD series on FRA was released in 2012.

Cancellation policy: Inquire with the TCM Kongress 2013 Graz Austria

WORKSHOP DATES TO BE ANNOUNCED for New York, Philadelphia, California, Vancouver, Ireland and Toronto, and other locations... Please inquire!

BIG NEWS!! After eight years, Virginia's instructional DVD set on Facial Rejuvenation Acupuncture is now available for sale on http://www.luminousbeauty.com where you can also see the video trailer for this.